

**COUNTY OF TIOGA  
EXECUTIVE PROCLAMATION**

WHEREAS: The residents of Tioga County benefit every day from the efforts of the public health workforce when eating at restaurants, drinking tap water, and learning about prevention of diseases; and

WHEREAS: Public Health efforts alone cannot accomplish the goal of a healthier Tioga County. Everyone has an important role to play in our efforts to achieve healthier, safer, and stronger communities; and

WHEREAS: Members of the community can make a difference and show their support for important public health topics by encouraging their friends and family to vote, taking steps to reduce waste, and utilizing credible sources for health information; and

WHEREAS: Each one of us needs to do our part by taking personal responsibility to improve behaviors by following public health recommendations, such as: abstaining from tobacco use; staying up to date on vaccinations; making time for regular, safe physical activity; and eating more fruits and vegetables in order to prevent disease; and

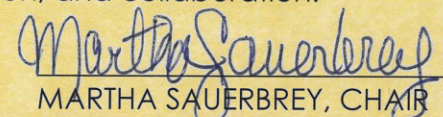
WHEREAS: National Public Health Week provides an opportunity for our county to learn about public health concerns and success stories that are vital to healthy communities, such as immunizing against infectious disease, providing services for children with developmental delays, ensuring safe living conditions, enforcing environmental health regulations, and providing dental services to underserved families; therefore

THE TIOGA COUNTY LEGISLATURE, County of Tioga, does hereby proclaim the week of April 1 – 7, 2024 as:

**PUBLIC HEALTH WEEK**

and urges all residents to take an active role in Public Health efforts within their community through advocacy, education, and collaboration.

Dated: March 12, 2024

  
MARTHA SAUERBREY, CHAIR  
TIOGA COUNTY LEGISLATURE

