

TIOGA COUNTY DEPARTMENT OF MENTAL HYGIENE

**MH SUBCOMMITTEE MEETING
OF THE TIOGA COUNTY COMMUNITY SERVICES BOARD**

APPROVED

Subcommittee meeting date: August 4th, 2023

Via Hybrid

Member: John Bezirganian, MD

Attendance: Fran Bialy
Tina Lounsbury
Carolyn Galatzan
Sue Medina

Guest: Wendy Deis

Attendance:

Mental Hygiene Staff Attendance: Lori Morgan, Director of Community Services
Sarah Begeal, Deputy Director of Community Services
Cathy Healy, Clinical Program Director
Sue Graves (minutes)

Introductions: Introductions made around the table to Wendy Deis, Rotary District Governor representing District 7170.

Topic: Resource Guide Presentation – Wendy Deis

Discussion: Wendy is in the process of creating a Resource Guide for Tioga County and requested assistance from the various departments represented at the table

- Pamphlets are the Rotary's project for this year
- Review of the Otsego County Brochure (attached)
- Ideas for Tioga County shared
 - Add QR code for updates
 - Add a date
- Distribution ideas shared
 - Police stations, pantries, grocery stores, laundry mats, possible school nurses office
- Please send any additional ideas to Wendy

Status: Informational - Complete

Category: Minutes for June 2023 approved with changes

Topic: Director's Report – Lori Morgan

Discussion:

Updates:

- Budget
 - The proposed budget presented to Legislature on 8/2/23
 - Budget neutral except for salary and fringe
- Helio Health
 - Helio requested contract termination on 12/31/23
 - Dr. Webster, Pati Zalewski-Gibson, NP, and Wendy Arnold are contract employees
 - Most of the other contracted positions are vacant
 - Wendy Arnold is retiring at years end
 - Working with another agency to contract for the remaining two
 - The other positions would change to county positions
 - Plan on how Wendy's position will be covered discussed
 - Childrens SPOA & Corporate Compliance Officer
 - Hiring a Social Worker to fill
 - Suicide Coalition
 - May contract out part time
- Waverly
 - In negotiations with new location
 - Cannot discuss at this time
- School Based
 - Have candidate for the Elm Street position in Waverly
 - Reaching out to Principal for a meet & greet
 - Need to obtain pictures of space for licensure
- Vacancies
 - A lot of openings in the clinic
 - Continue to struggle to fill
- New Vehicles
 - Resolution to be presented for 2 new vehicles for Mental Hygiene
 - Denis McCann is assisting with the resolution
- Round Table Meeting with Congressman Molinero
 - Lori Morgan, Sarah Begeal, Cathy Healy, Wendy Arnold attending
 - Meeting at 1:45 today at 56 Main Street

Status:

Informational - Complete

Topic: Program Director's Report – Cathy Healy

Discussion: Updates:

- Staffing remains a concern
 - Looking to fill school positions quickly
- Client Satisfaction Surveys under way
- Gearing up for the Waverly move
 - Additional space obtained from the Veteran's previous office
 - Telehealth is available
- DBT Staff training
 - 21 clinicians attended

Status: Informational - Complete

Topic: Public Health – Sue Medina, Deputy Director

Discussion: Updates:

- Organizing "Save a Life Day" in September
 - Kylie Holochak & the ASAP Coalition organizing Narcan trainings over the course of two days

Status: Informational - Complete

Topic: Articles

Discussion: Updates:

- June – Healing from Trauma (article attached)
- July – Going Back to School
 - Combine Wendy Arnold & Sarah's articles
- August – Dating Abuse
 - Fran to have written by staff at New Hope
 - Fran to send to Wendy Post at the Pennysaver
- September – Suicide Prevention & National Recovery Month

Suggestion: Put the authors names in the articles

Status: Informational – Complete

Topic: Other Business

Discussion: Updates:

- September's meeting

- Sue to poll the subcommittee on whether to have a meeting due to the holiday

Status: Informational - Complete

Adjournment: There being no further business, the meeting adjourned at 10:08am

